

RCR Health Fair



Tuesday, February 28th
9 a.m. – Noon ~ Rec Hall

The only cost to the vendors is what they offer you for free!

That includes several of our vendors having drawings for free stuff!

There is no cost to you to attend. Just mark your calendars!



We are independent distributors for Young Living, we have essential oils that are life changing, as well as all natural cleaning products, diffusers, and supplements. We show people how to live an all natural lifestyle, we would have the oils for them to try, diffusers for them to see how they work and the supplements for you to try as well.



We will be talking about Acupuncture, Herbal Medicine, Qigong, Homeopathy, and Healthy Lifestyle. We want to educate people about the natural, effective options out there for people suffering from acute infections such as cough, cold and flu as well as chronic illnesses such as digestive disorders, skin issues, chronic pain, and autoimmune illnesses, etc. We offer a full spectrum approach to wellness which includes treatment as well as lifestyle education. Our primary goal is to empower people with the tools they need to stay

healthy. Our main objective at this event is to connect with people one on one, to learn more about how we may support them. We offer free consultations, so we can learn more about each client before rendering treatment.

Yoga by Joan
Yoga & Nutrition Information

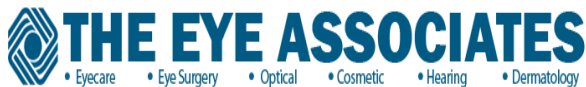
Information about yoga, nutrition and healthy eating



Providing Bone & Joint Health Screenings



Kenneth K. Kubic – Talk to an expert on all insurance including Obamacare, Medicare & Medicaid



Complimentary Services Offered include: Glaucoma screening, Distance vision screening (Bring driving glasses), No dilation required, Takes less than 5 minutes

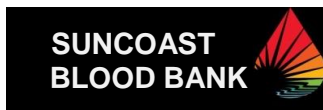


Call today to register in advance!
Flyer posted with details outside Recreation Office.
1-888-667-7587 ~ www.StrokeTesting.com



For 35 years, Tidewell has provided the highest quality care to patients and families living with advanced illness, while honoring human dignity and personal choice. We strive to treat the whole person — fulfilling physical, psychosocial and spiritual needs — and views the patient and his/her family as a unit. That's what makes Tidewell so unique in today's health care picture.

Offering a Free Hearing Screening.



We will be offering a Wellness Checkup which will include checking blood pressure, pulse and temperature. We will also be answering questions on who is eligible to donate and we will be offering an information sheet people can take home with them.